



First-Year MSW Intensive Outpatient Program (IOP) Internship

Build foundational clinical skills while supporting youth in a higher level of care—within a structured, supportive learning environment.

About the IOP

Josselyn's Intensive Outpatient Program (IOP) provides evidence-based, trauma-informed behavioral health services for youth ages 8–17 experiencing moderate to acute mental health concerns. Services are delivered in a multidisciplinary, group-based setting with an emphasis on emotional regulation, family engagement, school collaboration, and continuity of care.

Foundation-Year Internship Overview

This 16-hour-per-week MSW Foundation internship is designed for students developing generalist social work skills. Interns engage in supervised direct and indirect practice, clinical observation, documentation, care coordination, and professional development. The internship emphasizes ethical practice, reflective learning, and supported skill development within a higher level of care.

What You'll Do

- Observe and co-facilitate therapeutic groups alongside licensed clinicians
- Support the therapeutic milieu using strengths-based, trauma-informed approaches
- Observe family sessions and interdisciplinary treatment planning
- Participate in documentation and care coordination with supervision
- Learn how crisis support and clinical decision-making function in IOP settings

What You'll Learn

- How evidence-based group interventions are applied in real time
- How to identify strengths, risks, and needs through observation and supervision
- How systems, schools, and policy impact youth mental health care



- How to integrate classroom theory with practice through reflective supervision

Supervision & Learning Supports

- Minimum of one hour of weekly supervision with licensed clinical staff
- Participation in a four-month administrative group focused on systems-level social work
- Ongoing modeling, feedback, and interdisciplinary collaboration

Sample Weekly Schedule (16 Hours)

- Day 1 (5 hours): Group observation/co-facilitation, milieu support, documentation, team check-in
- Day 2 (6 hours): Group practice, family session observation, care coordination, administrative group
- Day 3 (5 hours): Group facilitation, supervision, professional development

Why Choose IOP as a First-Year Placement?

This placement is ideal for MSW students interested in clinical social work, youth mental health, group practice, and system-informed care who want structured exposure to higher-acuity services while receiving strong supervision and support.