

# Community Youth Mental Health First Aid



**Identify.  
Understand.  
Respond.**

## What?

Internationally recognized, evidence-based training course for adults who work with teens.

## Why?

Provides adults who work with teens a deeper understanding and action plan to respond to:

- Common signs and symptoms of mental illness and substance abuse
- Children in crisis and trauma
- Connect a person to help

## How?

Josselyn provides on-site or virtual training for any school staff and/or students

## Partner with Josselyn

- Receive MHFA action plan
- Create administration buy-in
- Identify student leaders

## FREE Training

- 2 hours of prework\*
- 4.5 hours of in-person training
- Prework sent 2 days after registering

## FREE Training

**Friday, January 17  
9 am – 3 pm**

**100 N. Atkinson Road  
Grayslake, IL**

**Questions? Contact  
[mhfa@josselyn.org](mailto:mhfa@josselyn.org)**

## Two Ways to Register:

- Scan the QR code
- [Click here](#)



**MENTAL  
HEALTH  
FIRST AID™**  
[www.MentalHealthFirstAid.org](http://www.MentalHealthFirstAid.org)



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Mental health for all.