

## Local Schools' Mental Health Resources and Contacts

### Glenbrook South High School

- [Community Mental Health Resources](#)
- Text-A-Tip: 1-844-823-5323
- Woodlands Contact: Meg K.

### Lake Forest Academy

- [Health Center](#)
  - Student Health Service Office: 847-615-3253
  - Nurse cell number: 847-507-4728
- Campus safety (for emergency): 847-997-3685
- Contacts
  - Jennifer Madeley: 847-812-9797
  - Nirali Dalia: 312-259-5788
  - Anna Kliner: 773-914-3333
- Student Health Services Office email - [healthservices@lfanet.org](mailto:healthservices@lfanet.org)
- Mental health appointment - [counseling@lfanet.org](mailto:counseling@lfanet.org)

### New Trier High School

- Social Work Department Chair is Tiffany Myers - [myrest@newtrier.k12.il.net](mailto:myrest@newtrier.k12.il.net)
- Winnetka Campus
  - Social work office - Room 225
  - Student support center - Room 311
- Northfield Campus
  - Social work office - Room B230
  - Student support center - Room A409
- [Social Work Support Groups](#) - Need-based support groups that meet weekly during rotating periods
- [Mental Health Resources](#) - Crisis Hotlines, TrevTips, and Mental Health Resources

### North Shore Country Day School

- Contact Ms. Webb (Room 307); [twebb@nscds.org](mailto:twebb@nscds.org)
  - “Stop by whenever you need to.” - Ms. Webb
- Text-A-Tip: Text **NSHELP912** to 844-823-5323