



## Impact Report FY22

**“We could not be more  
pleased with our partner-  
ship with Josselyn.”**

—strategic partner

**“Josselyn is leading the  
way in terms of meeting  
our grant goals.”**

—grantor

# Community

**“It means a lot to me  
that you helped me when  
I was lost and confused and  
most importantly scared.”**

—client

**“In appreciation of  
the time and help my son has  
received at Josselyn.”**

—donor

# Mission

To improve lives by providing quality mental health care for communities.

# Vision

Mental health for all.

# Values

Easy access.

Encompassing services.

Excellent care.

Enduring commitment.

Equity.

**What a year it has been! Thank you for being an integral partner with Josselyn in our service to the community and our vision of *Mental health for all.***

We continue to see greater and greater need in the community for mental health services even as we move farther from the pandemic's grip on our well-being. Our clients range in age from 3 to 91 and we are seeing larger percentages of youth than ever before. Coming from all corners of the region—rural, urban, suburban—our clients also come from all walks of life. They come with varied ethnicities, seeking help for their mental health.

**Josselyn welcomes all with open arms.**

We are this welcoming beacon in the community because of our talented staff, committed volunteers, and generous supporters. For more than seven decades, Josselyn has been delivering quality outpatient mental health care to our community. Josselyn has kept our community healthier, especially for those most needing affordable and accessible care. It is a privilege to serve our clients and to partner with you in advancing our mission.

**Thank you for helping build a stronger community!**

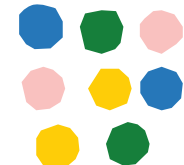
Sincerely,



Susan Resko, CEO and President



Pamela de Mars Martin, Board Chair

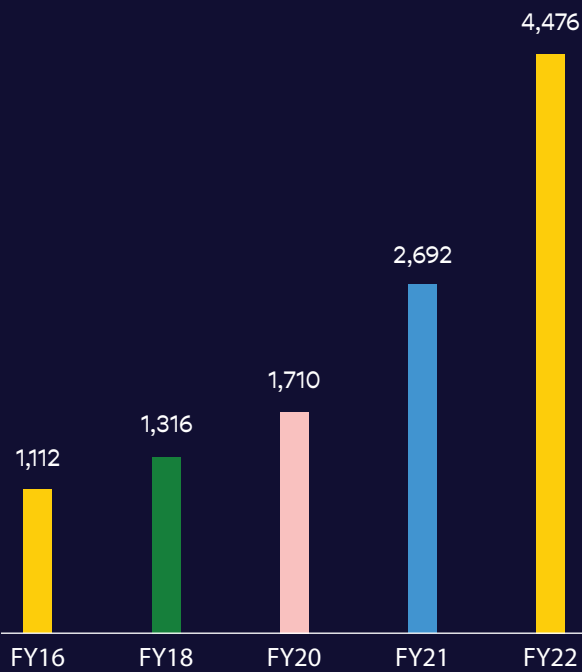


# Client

Josselyn continues to meet the growing need for high-quality, affordable mental health care.

66%

increase in new clients over the last year



“I am grateful for my therapist at Josselyn who helped me learn to better cope with my stress and anxiety!”  
—Josselyn client

5 days

average wait time from first call to first appointment

13%

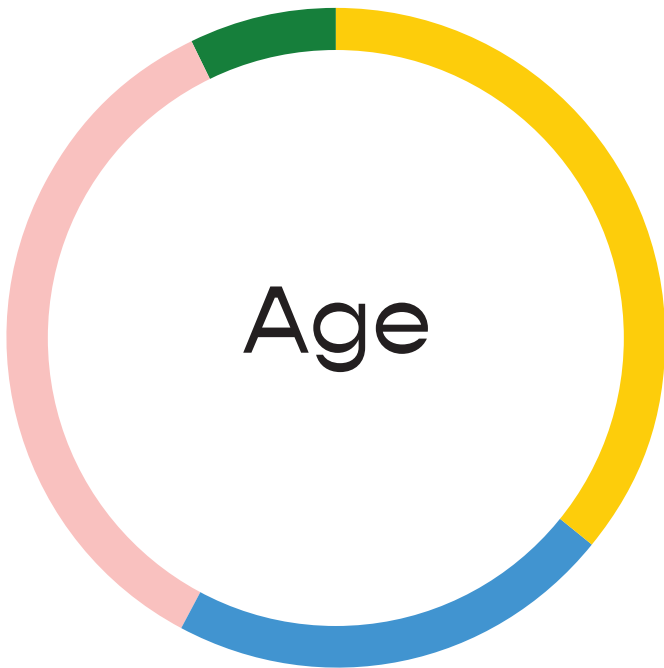
primary language other than English

92%

of clients considered low income



White	47%
Hispanic	23%
African American	10%
Asian	4%
American Indian	1%
Pacific Islander	1%
Unknown	14%



Under 19	36%
19–29	22%
30–60	35%
Over 60	7%

community

# Community

## Cook County

Our four locations along Central Avenue in Northfield continue to be at capacity as we meet the needs of community members through our various clinical programs.

The new Josselyn Headquarters is now located at 1135 Skokie Boulevard in Northbrook. Josselyn continues to prepare this new 57,000 sq. ft space for:

- An expanded teen Intensive Outpatient Program, doubling the size of our current footprint
- A community training center for Mental Health First Aid and clinical continuing education
- Two floors of therapy and psychiatry services for children, adolescents, adults, families, and groups

## Lake County

Josselyn has continued to expand its presence in Lake County. Sixteen percent of respondents in Waukegan and North Chicago reported 14 or more of the prior 30 days during which their mental health was not good.\*

Josselyn remains focused on reducing all barriers to care: financial, cultural, racial, linguistic, and stigma.

- Of 42 staff in Waukegan who are serving Lake County residents, 12 are bilingual and 25 are of color.
- Of our Lake County clients, 25% are Latinx, 13% are African American, and 43% are age 18 or younger.

\* NorthShore University Health System's 2022 Community Health Needs Assessment



“I love Josselyn because it welcomed me with open arms so that I may welcome others with open arms as well.”

—Camilo Morales,  
Staff Therapist



Find us on our social channels and be sure to like and share.



**Josselyn's Service Area**  
We serve neighbors in need in nearly 200 communities throughout the Chicagoland region.  
**1135 Skokie Boulevard**  
Northbrook, IL 60062  
**405 Central Avenue**  
Northfield, IL 60093  
**415 Washington Street**  
Waukegan, IL 60085

presence



# Specialized

## Teen Intensive Outpatient Program (IOP)

Social and educational disruptions during the COVID-19 pandemic have exacerbated concerns about adolescents' mental health and suicidal behavior.

A 2021 CDC survey indicates that 37.1% of U.S. high school students reported poor mental health during the COVID-19 pandemic, with 19.9% considering and 9% attempting suicide in the preceding year.\*

Josselyn's new Teen IOP launched in FY22 with a pilot of 31 teens. This program, designed for 12- to 18-year-olds in 7th to 12th grades, provides a higher level of care than weekly therapy. Josselyn's Teen IOP is a critical service in this region.

\* 2021 CDC Adolescent Behaviors and Experiences Survey



Please consider being a part of making *Mental health for all* possible with a gift to Josselyn.

## Camp Neeka

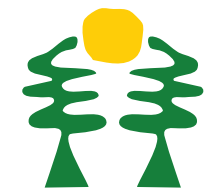
Josselyn's Camp Neeka is a month-long summer therapeutic day camp for youth ages 8 to 12. Campers experience games, sports, art, dance, crafts, and field trips.

Along with these typical summer camp experiences, and with guidance from trained counselors, children learn how to solve problems, navigate conflict, and manage their emotions and behaviors. Campers change their own self-perceptions and improve social interactions, which therefore has an impact on them year-round.

### The need for Camp Neeka

- 44% of young children experienced an increase in mental or behavioral health symptoms since the pandemic\*
- We hosted 35 campers supported by 18 staff who are college/post grad students in counseling, psychology, or education and led by clinicians

\* April 2021 Lurie Children's Hospital survey



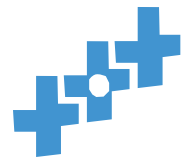
**"Thank you for being great counselors at Camp Neeka and I will try to sign up next year and I just really had tons of fun!"**

—Camp Neeka camper

# programs



# Community



## Mental Health First Aid (MHFA)

Josselyn continues to be a leader regionally with MHFA trainings. These “CPR for the brain” trainings teach participants how to:

- identify
- understand
- respond to

signs of mental illness and substance use disorders, and how to refer people to help.

### Josselyn is present in:

- schools
- corporations
- community organizations
- civic organizations

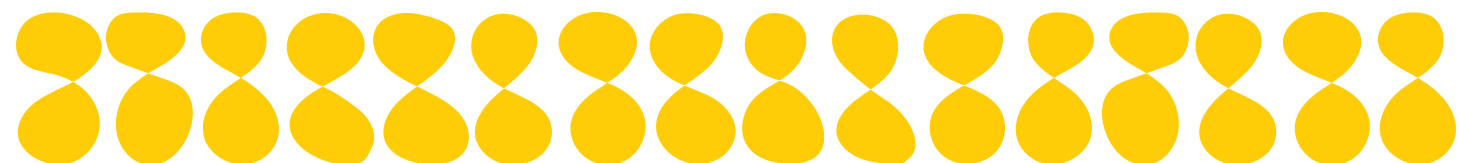
In the last fiscal year, we trained about 950 adults and teens

- 96% of MHFA participants feel more confident starting a difficult conversation about mental health
- 94% of MHFA participants better understand how to recognize the signs/symptoms of a mental health challenge
- 98% of MHFA participants have a better understanding of resources in the community



**“Mental health for all to me means that all human beings deserve to be seen.”**

—Angela Muganwa,  
Supported Employment Specialist

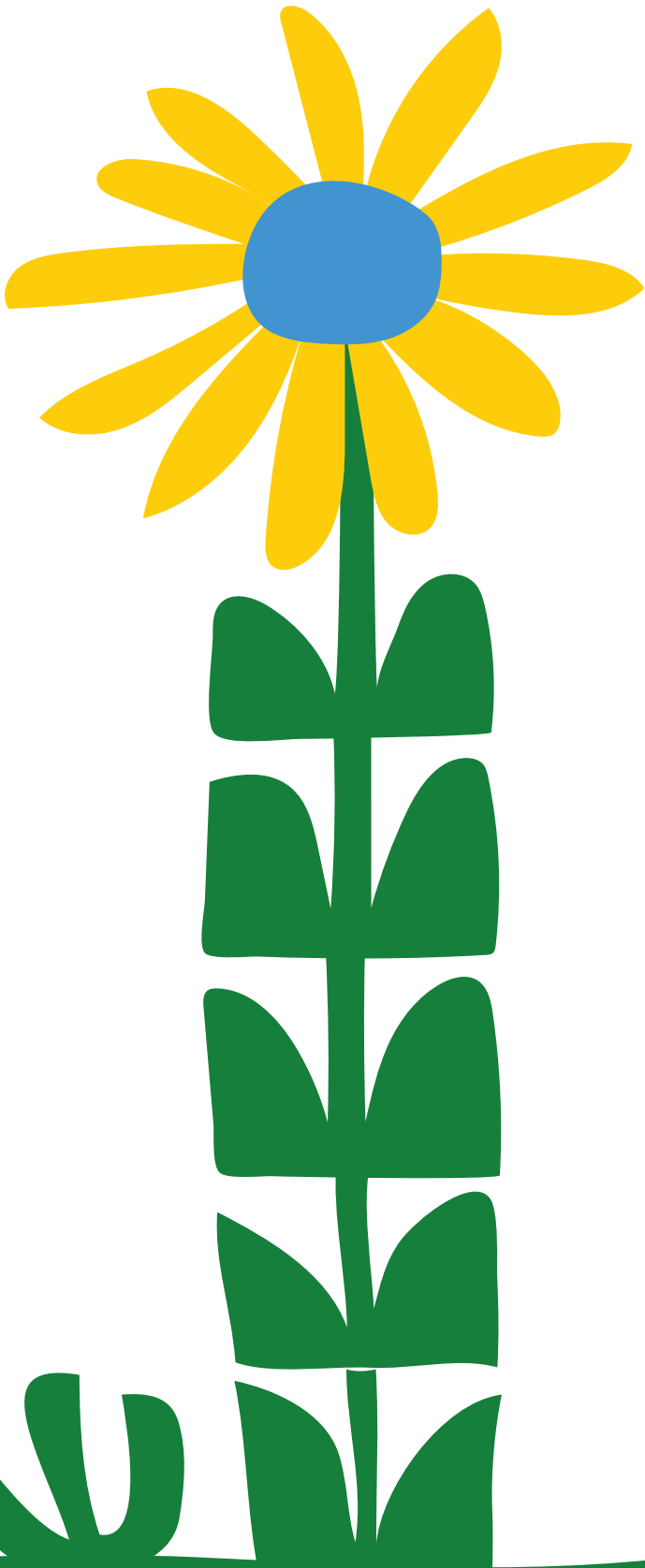


# engagement.



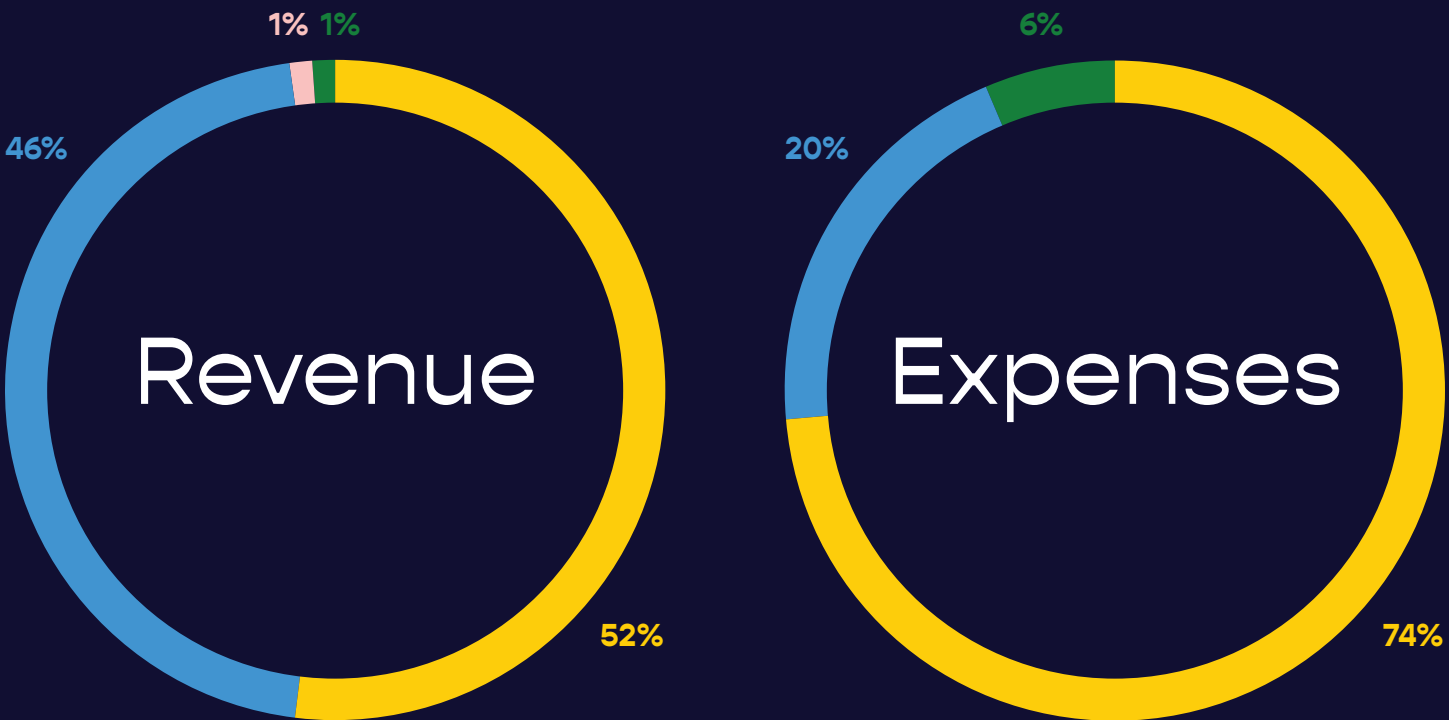
# Continued growth

		2015	2019	2021	2022
Budget		\$1.5M	\$3.5M	\$7M	\$15M
Service Hours		12,137	18,581	37,296	71,889
Staff		25	44	132	200
Square Feet		11,000	13,000	27,000	58,000
Client Growth	Therapy & Psychiatry	1,011	1,548	2,705	4,476
	Camp Neeka	5	25	25	35
	Interns	2	7	12	21
	Supported Employment		7	34	56
	Mental Health First Aid			621	949
Teen Intensive Outpatient Pilot Program					31



and transformation

# Financial snapshot



Client and Insurance Billing	\$7,775,087
Contributions and grants*	\$7,001,997
Other	\$172,923
Investment	\$162,941
Total Revenue	\$15,112,948

Programs	\$10,471,189
Management and General	\$2,845,389
Fundraising	\$797,442
Total Expenses	\$14,114,020

\* Contributions and grants include gifts designated for capital and other designated expenditures beyond ordinary expense.

# Volunteer leadership

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- Gail Belian
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- Liz Johnson
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- Gabriela Raths
- Lauren Robinson
- Edgar Romeo
- Joanna S
- Shylee Saladi
- Zoe Saperstein
- Izzy Seiler
- Aarnav Shah
- Will Smith
- Elle Soukoulis
- JP Soukoulis
- Annie Zhang



“Mental health for all for me means that mental health is available to everybody. We all have emotions—anger, sadness, or despondency—that means mental health is for you.”

—Bunmi Bayode, Staff Therapist







# Thank you to our supporters

Josselyn is extremely grateful for the community of partners who make *Mental health for all* a possibility. Listed here are all donors of \$1,000 and higher in FY22.



**\$250,000+**

Elizabeth and Kent Dauten  
Neil and Gaillee Fitzpatrick  
Illinois Department of Human Services  
SAMHSA

**\$100,000–249,999**

Cook County Bureau Of Community Development  
The Grainger Foundation  
Cynthia and Dan Helle  
New Trier Township  
Northwestern Medicine  
Lake Forest Hospital

**\$50,000–99,999**

Anonymous  
Blue Cross Blue Shield of Illinois  
Community Behavioral Healthcare Association of Illinois  
Lili and Art Duquette  
Foglia Family Foundation  
Healthcare Foundation of Northern Lake County  
Maine Township  
Northfield Township  
NorthShore University HealthSystem  
Village of Glenview  
VNA Foundation  
Mary and Robert Womsley

**\$25,000–49,999**

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Healthcare Foundation of Highland Park  
Julian Grace Foundation  
Niles Township Government  
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**\$10,000–24,999**

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United Way – Metropolitan Chicago  
Village of Northbrook  
Waukegan Community Development  
Wheeling Township

**\$5,000–9,999**

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West Deerfield Township  
Elissa Morgante & Fred Wilson  
Winnetka Congregational Church  
Alison and Robin Winslow

**\$2,500–4,999**

Alison Tobey Smart Memorial Fund  
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Todd Beutel  
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Christ Church Benevolence Committee  
College Park Athletic Club  
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Julie and Peter Ruck  
Sue Rushmore  
Jana and Eric Schreuder  
Katie and Brian Scullion  
Sherwin and Susan Shenfeld  
STS Foundation (Cathy and Bill Bartholomay)  
Mr. Clyde A. Walter and Reverend Kyle Severson  
William Blair  
William M. Hales Foundation

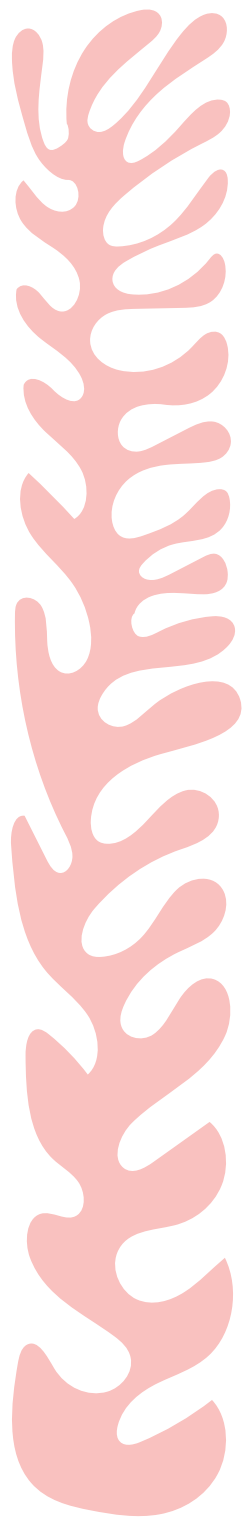
**\$1,000–2,499**

Albank  
Angela Alvarez  
Anonymous (3)  
Pablo Alvarez  
Bradley A. Anderson  
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Lisa and John Baccich  
Michele and Tim Bacik  
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Johnson and Johnson Healthcare System  
The Kaplan Foundation  
Keating Family Foundation  
Leigh Keyser  
Jane Lustig

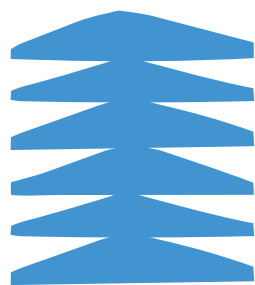
Mary and Larry Mages  
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Becky and Derek Wagner  
Sara Waldstein  
Holly and Scott Wallace  
Susan Warshauer  
Clara and David Williams  
Roger and Julie Winship  
Cynthia Wolfson



Find us on our social channels and be sure to like and share.



# Staff Community



72%

increase in Josselyn's staff

80%

are clinical  
team members

41%

identify as  
a race other  
than white

18%

are bi- or  
multi-lingual



**"The support that I get as a clinician at Josselyn is very powerful. The people who work here are caring. They don't cast judgment. Their aim and goal is to support one another, and in supporting one another we get to support our clients."**

—Kate Blaker, Staff Therapist

**Susan Resko**

*CEO and President*

Josselyn's CEO since 2015, growing the organization from \$1.5 million to \$15 million in revenue



**Michael Scholl, LCSW**

*Chief Clinical Officer*

30 years of Community Mental Health Center clinical leadership



## Executive Leadership



**Laci Gatewood**

*Chief Operating Officer*

Crain's Chicago 2022 Notable Executives of Color in Healthcare



**Greg Paulus**

*Chief Financial Officer*

40 years of experience in commercial banking, real estate, and consulting high growth industries



**Ami Campbell**

*Chief Growth Officer*

Experienced fundraising consultant and co-author of *Love Let Go: Radical Generosity for the Real World*



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**Mental health for all.**

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