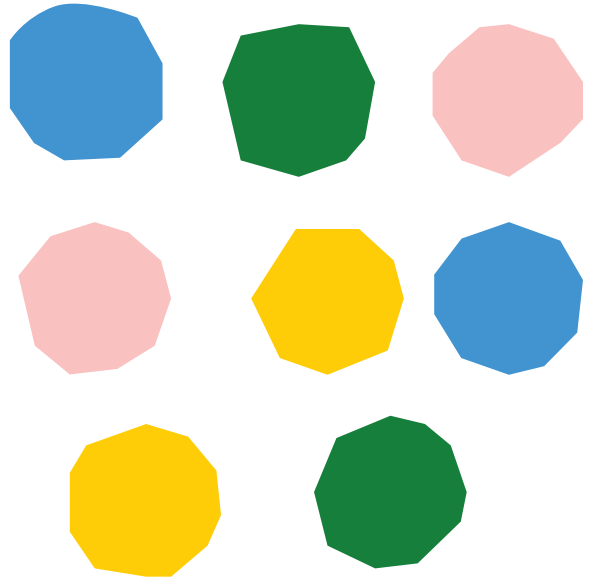


**Mental
health
for all.**





Growth and expansion

Our pioneering founder, Dr. Irene Josselyn, would have been proud of the groundbreaking growth and expansion Josselyn's donors, staff, and partners made possible in 2021!

Josselyn received our first-ever grants from the federal government, including \$5 million to help us hire and train more staff to serve 1,000 more clients. This is an important recognition of the quality of our work and the scale of the need. You'll read more in this report about other expansion efforts to meet the need for mental health services like purchasing a building in Northbrook and doubling our staff size.

Teen mental health remains a growing concern nationwide prompting the U.S. Surgeon General to issue an advisory declaring a mental health crisis. Josselyn launched a new adolescent Intensive Outpatient Program to address this growing need. Our second federal grant is a 5-year SAMSHA Mental Health Awareness Training program, to provide Teen Mental Health First Aid (MHFA) training in schools and youth-serving organizations. Notably, Josselyn is one of the first 100 organizations nationally to rollout Teen MHFA.

Meanwhile, Josselyn preserved the same quality care that our community has come to expect. We continued to build our number of community partnerships to provide more access points for our clinical services. We doubled down on our diversity, equity, and inclusion work by further diversifying our workforce and providing additional leadership training.

The need for quality mental health services has always been present, but now communities are seeing, understanding, and talking about mental health more fully and openly. And ultimately more and more people are seeking services.

We could not have achieved all we did this year without the trust and support of our most generous donors, and we will certainly need your continued partnership to realize our vision of *Mental health for all*. Thank you for making it all possible.

Sincerely,


Susan Resko, CEO and President


Pam Martin, Board Chair

Milestones of the year

57%
increase in new clients

Josselyn's Service Area

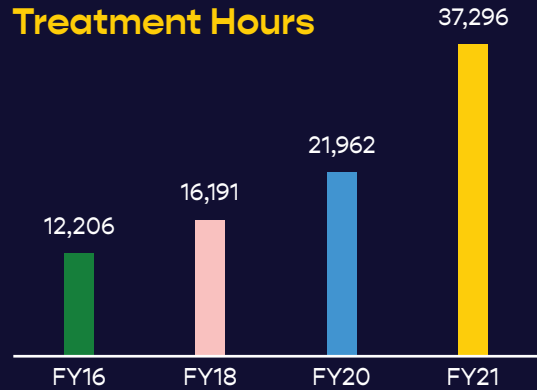
We continue to serve neighbors in need in more than 100 communities throughout the Chicagoland region.

405 Central Avenue
Northfield, IL 60093

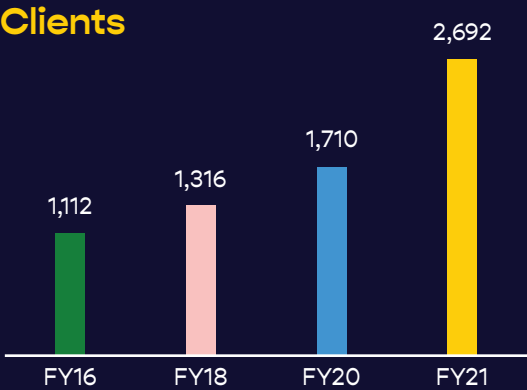
415 Washington Street
Waukegan, IL 60085



Treatment Hours



Clients



5 days

average wait time from first call to first appointment

30%

increase in clinical team

92%

of clients considered low income

25+

bi- or multi-lingual clinicians



Find us on our social channels and be sure to like and share.

Empowering community

Frequently described as “CPR training for the brain,” Mental Health First Aid teaches how to identify, understand, and respond to signs of mental illnesses and substance use disorders. Josselyn envisions a world in which Mental Health First Aid is as common as CPR.

The training provides the skills to reach out and provide initial assistance and support to someone.

- Anyone can be a Mental Health First Aider, as long as someone wants to make their community healthier, happier, and safer for all
- Josselyn has trained more than 850 people in the last year
- Some of our recent trainings have included Barilla America, Glenbrook North High School, and Northbrook Library



Stay in the know by subscribing to our newsletter.

Continued growth and transformation



Over the past 5 years, Josselyn has experienced phenomenal growth in its service profile through new programs and increased demand, expanding beyond its original, single site in Northfield to now a campus in Northfield, center in Waukegan, and soon a new building in Northbrook.

		2015	2019	2021	2022 (est.)
Budget		\$1.5 M	\$3.5 M	\$9.2 M	\$15 M
(Billed) Clients		1,011	1,548	2,705	4,000
Service Hours		12,137	18,581	37,296	60,000
Staff		25	44	132	200
Square Feet		11,000	13,000	40,000	88,000
Programs	Therapy & Psych	●	●	●	●
	Camp Neeka (#)	5	25	32	40
	Living Room	●	●	●	●
	Supported Employment		●	●	●
	MHFA			●	●
	IOP				●



New Josselyn headquarters

In a big move to support our ability to provide *Mental health for all*, Josselyn purchased a 57,000 square foot building at 1135 Skokie Boulevard in Northbrook.

This new building will become Josselyn's regional headquarters as we maintain our historical campus in Northfield and a presence in Waukegan. Plans for the new Northbrook building include:

- A community training center for Mental Health First Aid and clinical continuing education
- An expressive therapy studio for our growing number of art, movement, and music therapists
- An expanded teen Intensive Outpatient Program, doubling the size of our current footprint
- Five floors of Therapy and Psychiatry services for children, adolescents, adults, families, and groups
- Horticulture therapy and tranquil views of the pond on the 3.5-acre grounds
- Ample parking for our clients and employees



Chloe Brodner
Clinical Supervisor
and Staff Therapist

“The transformation at Josselyn is refreshing. We’ve been able to hire so many therapists as the demand has grown rapidly over the last two years. And it’s a more diverse group of therapists who represent what our clients look like and the issues they face.”



Teen Intensive Outpatient Program

Nowhere is the need for quality mental health care more acute than in our adolescent population. Among young adults, the prevalence of a mental health condition is 30 percent.

To that end, this year—and with the help of several pioneering donors—Josselyn opened an Intensive Outpatient Program (IOP) for our teen clients who need a higher level of care. Josselyn is the only area IOP provider to accept Medicaid.

Josselyn's IOP is concierge care:

- Participants are escorted to and from their cars and greeted with a smile and a friendly hello
- Daily quick check-ins with the parents in addition to weekly family therapy
- Every graduation is celebrated with participants and staff
- Teens meet nine hours a week—three hours a day, three days a week—over the course of six to eight weeks
- Weekly psychiatric sessions, art therapy, and movement therapy are standard



Please consider being a part of making
Mental health for all with a gift to Josselyn.



Jocelyn Fontalvo
IOP Intake Specialist/
Case Manager

“Josselyn’s IOP is like no other. Youth have a caring team on their side dedicated to improving their quality of life. It is so awesome to see our youth re-engage with activities they once enjoyed. I am truly proud to be part of the IOP team!”

Health equity in Lake County

The Waukegan location opened March 9, 2020, and every day, more clients are turning to Josselyn for support.

We are determined to continue reducing financial, cultural, racial, and linguistic barriers to care, expand our psychiatric services with a particular focus on children and adolescents, and reach vulnerable community members in Lake County to prevent crises and worsened health and life outcomes.

- Of the staff in Waukegan who are serving Lake County residents, 7 are bilingual and 11 are of color
- Of our Lake County clients, 25% are Latinx, 11.5% are African American, and a third are age 18 or younger
- Josselyn has a partnership with a major Lake County hospital system to coordinate care for high utilizers of emergency room services for psychiatric patients
- Partnerships with Waukegan Public Library and College of Lake County provide place-based services



Cale Wardell

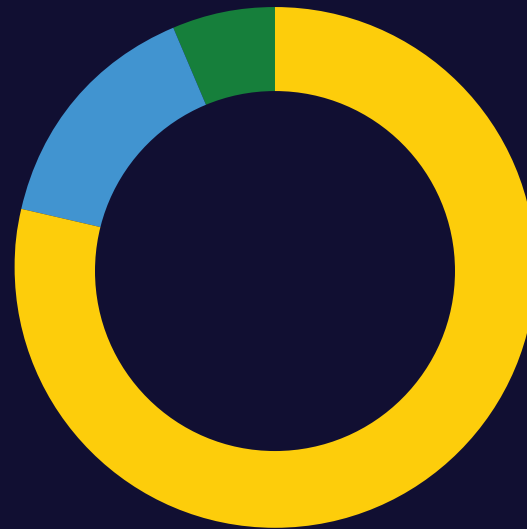
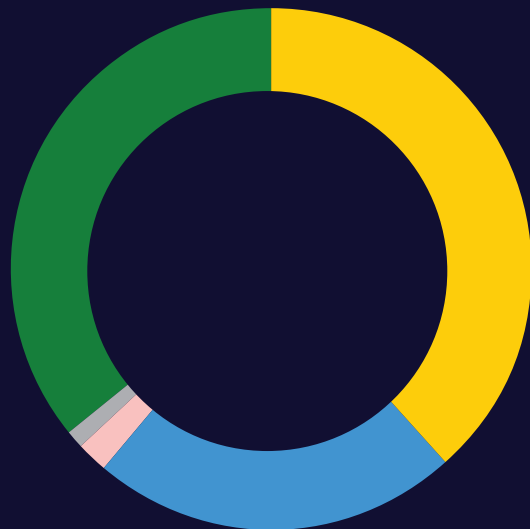
Psychiatric
Mental Health
Nurse Practitioner

"I'm so proud to work at an institution where its mission is to provide quality mental health for all regardless of economic status, race, gender, or sexuality."

Financial snapshot

Revenue \$9,194,334

Expenses \$6,148,757



● Donations	\$3,529,149*
● Government	\$2,113,058**
● Investment Income	\$174,738
● Rental and Misc	\$101,678
● Client Billing and Fees	\$3,275,711

● Programs	\$4,839,072
● Management & General	\$922,313
● Fundraising	\$387,372

These represent unaudited financials for FY21. Prior and current audited financials can be found at Josselyn.org upon completion of audit.

* Donations include gifts designated for capital and other designated expenditures beyond ordinary expense.

** Government funds include COVID-Relief and U.S Cares Act funding.

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Gaillee Fitzpatrick
Neil Fitzpatrick
Amy Gertler
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Pete Govorchin
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Thank you to our supporters

Josselyn is extremely grateful for the many partners who make *Mental health for all* a possibility. Below is a list of our donors \$1,000 and higher listed by their most recent annual support level.

\$1 million and up

Elizabeth and Kent Dauten
Illinois Department of
Human Services
SAMHSA

\$250,000–999,999

Mary and Rob Womsley
Neil and Gailee Fitzpatrick
The John and Kathleen
Schreiber Foundation

\$100,000–249,999

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United Way-Metropolitan Chicago
Village of Glenview
Village of Northbrook
Blue Cross Blue Shield of Illinois

\$25,000–49,999

Abra Prentice Foundation, Inc.
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Lake County
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\$10,000–24,999

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Park Ridge Community Fund
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\$2,500–4,999

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\$1,000–2,499

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Aycor Charitable Foundation
Toni Talanges
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Giving Programs



Langston Roberson

**Data Services
and Development
Operations Manager**

“What mental health for all means to me is eliminating the barriers to affordable comprehensive mental health care. It also means putting away those stigmas that stop people of color from trying to receive care and trying to live their best lives.”

Mission

To improve lives by providing quality mental health care for communities.

Vision

Mental health for all.

Values

Easy access.

Encompassing services.

Excellent care.

Enduring commitment.

Equity.



Find us on our social channels
and be sure to like and share.