There’s No Place Like Home.

Mental Health For Clients

From Board

needs of our community. Currently, deeply improves the mental health for the future. Every gift we receive, legacy or planned gift, you will be helping us plan for the future. By informing us of your plans to make a gift, you are helping us plan for the future. By informing us of your intentions, we can help you make a charitable gift that best meets your needs.

A variety of hand

on the summer. The first time I came here, I said to myself, “I like this place.”

or visit josselyn.org/services/camp-neeka

• Emphasizes team building, self-control, and positivity
• Promotes problem-solving skills and decreases frustration

Sponsorship opportunities starting at $250

One golf pro is a formative experience for many. But for some kids, the bliss of summer is yester year. This summer, a Drop In Center, and an Art Therapy

We completed Phase I last year, adding The Living Room (a therapeutic alternative to the ER for people experiencing a mental health crisis), a Drop-In Center, and an Art Therapy

For more information visit josselyn.org/events/golf-outing or contact us at 847-441-6006

Tennis tournament on May 9th.

You can do this by simply 1) adding a gift in your will or trust to a specified dollar amount; 2) making The Josselyn Center beneficiary of a percentage of your 401k, 403b, or other retirement account; or, 3) making The Center the direct beneficiary of an insurance policy or IRA. Using an IRA to make a charitable gift is spectacular, because no income taxes will be incurred on it, as opposed to an IRA distribution to an individual, who will incur a tax burden on the funds.

When making any gift to The Josselyn Center, we suggest using the following language:

The first time I came here, I said to myself, “I like this place.”
Spring forward and watch your garden grow!  
A Letter from the President, Susan Resko

Spring is here and we welcome many new beginnings and growth at The Josselyn Center. We’re thrilled to share that we are embarking on new programs, improvements and plans.

The change that I am most proud of is our new, incredible clinicians who bring a decade of skill sets.  Now, we are able to get clinical offices, clinical offices, clinical offices – the acquisition of the former Angies building next door, thus adding eight new, incredible clinicians who bring a decade of skill sets.

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Why did we choose these changes? At Josselyn, we believe that people with mental health conditions are just as deserving of rapid access, diversified wait lists, tired, run-down buildings, or one-size-fits-all programming. It’s all because of you that we are able to make these improvements!

Integrating Mental and Physical Health

Unfortunately, physical and mental health conditions tend to co-exist, which can lead to gaps in care and often more costly health services. Josselyn is working to address this trend by co-locating physical and mental health care services.

This fall, Josselyn began partnering with Fenix Family Health Center in Highland Park, which will bring mental health care services to local residents.

The Junior Board, which is open to all high school students, meets monthly on Sundays. Maggie Nash, a New Trier alumna and teacher at Perspectives Charter School, and Jenny Pinnell, an Intervention Specialist and Therapist at North Shore Academy Elementary School, are leading this year’s programming.

To date, the Junior Board has held a fundraiser at Spynergy, raising $500 in support of Josselyn, and among other activities, has participated in Art Therapy (below) at Holy Name, a free program for school-aged children with special needs, and is planning a free event inspired by the Junior Board. Members are becoming young ambassadors of The Center, while helping de-stigmatize mental health.

The Junior Board is planning an end-of-the-school-year fundraising and awareness event for May 19. For more information about this event or the Junior Board, please contact Denise Nash, External Affairs, at dnash@josselyn.org.

Introducing the Josselyn Junior Board

For the past few months, members of the Junior Board have been setting up low-cost clinics would come together. Running the program is a unique opportunity for students 18-25, who are interested in improving the lives of low-cost clinics would come together. Running the program is a unique opportunity for students 18-25, who are interested in improving the lives of those who are underserved.

Influencing Change in Positive Ways

This April, Josselyn will accept applications for leaders ages 25-45, who are interested in improving the lives of people with mental illness.

Improving accessibility with the addition of an elevator and ADA restrooms

Newly appointed Board Member Clyde Andrew Walker (right) will chair the Associated Board. He shares: “We are excited to support the Josselyn Center, with its expertise, and resources needed to bring change to the mental health sector.

To download the Associated Board application, visit us at josselyn.org/evolve. Applications are being accepted until June 15th.

Innovating in Positive Ways: Announcing Diagnostic Behavior Group Therapy (DBT)

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