MORE THAN A BUILDING

The Joslyn Center is more than just a place. Our programs reach out into the community to offer hope and healing at every stage of the mental health journey. We partner with schools, governments, police, and other agencies to meet local mental health needs. Some examples include:

- Offering psychiatric services onsite at Mainstay in Park Ridge
- Working with Impact Network of Health of Evanston to help our clients find — and keep — jobs
- Working with Family Health in Highwood to address their waiting list for therapy services.

In 2018, we will continue to expand our networks, to help our clients and the community.

FINANCIALS

You make our journey possible.

Thank you for your generous support. Our Fiscal year is July 1 to June 30.

REVENUE $2,614,879

Clinical Services
$900,000

Grants & Sponsorships
$1,406,077

EXPENSES $1,934,953

Building a Road to the Future

Our $3 million campaign has three pillars

Compassionate Space

- Research shows physical surroundings have a profound effect on mental well-being.
- Expanding services to treat client needs.
- Attracting new reserves after a decade of stable funding, we're allocated every available penny to client care.

Programs

- After 50 years, we can't ignore our building. It limits access for those with disabilities, and limits our ability to offer services clients need.
- In 2017, we launched Building for Mental Health, which is off to a great start: every day it gains more excitement and support from the community.

Stability

- We are closer than ever to our goals, including adding an elevator, expanded programming, and more!
- Please contact Danese Neaves, External Affairs, at dneaves@joslyncenter.org to learn more.
- Help get us there.

Thank you for your generosity.

Josselyn Champions: Volunteer Psychiatrists Make a Big Impact on Small Clients

Innovative Program Helps Bridge Growing Psychiatrist Shortage

Mental illness generally first appears by age 14, but the shortage of child psychiatrists is profound, even for those with resources. For children on Medicaid, the scarcity of providers is even more severe because of the program’s extreme low reimbursement rates. To address this, The Joslyn Center launched The Josselyn Champion program; private service hour, focused by some very inspiring doctors.

Michael Feld, MD, is one of the nation’s leading experts on ADHD. He speaks at conferences around the world, has a thriving private practice, and consults on child psychiatry at local agencies. Every month, he volunteers to treat children at Josselyn. When asked why, he said “Josselyn is great. It serves a huge area and a large population. What they’re doing is marvelous. They are kind and committed, exceptional people.”

In addition to his busy private practice, Catherine Lyons, MD, consults with school districts and is a respected advocate on behalf of children, mental health, and workforce issues in Springfield, and Washington, D.C.

She also lives her time at Josselyn. “I’ve met wonderful young people and their families. Josselyn provides excellent care in a collaborative setting,” she said. “I always feel being rejuvenated.”

These two volunteer psychiatrists are truly Josselyn Champions! They make our work possible by donating their time and talent. We are sincerely grateful. Thank you!

Please contact Michael Alper, Director of Clinical Services to learn more about The Josselyn Champion program at realcl@joslyncenter.org

THANK YOU

Our generous donors, partners, board, and trustees make it possible for Josselyn to provide quality, affordable mental health services using a sliding fee scale. We are so grateful!

2016-2017 Donors $10,000 and above

2017-2018 Donors $5,000 and above

In Kind Donations

Building for Mental Health Campaign Supporters as of June 30, 2017

To make a gift in support of The Josselyn Center, visit joslyncenter.org/events

Building for Mental Health Campaign Supporters as of June 30, 2017

$149,000 - $100,000

$99,000 - $50,000

$49,000 - $25,000

$24,000 - $10,000

$1,000 - $999

$500 - $99

$250 - $249

$100 - $249

$25 - $99

$10 - $24

$1

401 East Rand Road | Des Plaines, IL 60017

The Joslyn Center's Journey 2017

A Map of our

2017 Impact Statement

The Joslyn Center is a non-profit, 501c3 organization.

The Joslyn Center is accredited by the National Committee for Voluntary Health Organizations.
DEAR FRIENDS,

WHAT A JOURNEY this last year has been. It’s been a long road, and thanks to you, we’ve had many successes. Thank you!

We hope you enjoy this roadmap of our yearlong voyage which features some exciting landmarks and milestones. We will take a quick stop to view the scenery and celebrate, and then we are back on the road again.

For while we have come far, our journey is not over. Our community deserves nothing less than our best effort and quality care.

Thank you for traveling with us to The Center of mental health and hope!

Regards,

Deborah K. Ehner
Chair
Susan Reko
President

MEET CARL AND HIS FAMILY

“Carl” was an outstanding college student on his way to a master's degree in biology. It was a complete shock when schizophrenia hit. He dropped out and came home, rarely leaving his room. After a spell, he returned home, and his parents turned to Josselyn.

Three days later, Carl sees a Josselyn counselor and case manager. He visits our Drop-In Center for life-skills programs. He has a fulfilling job and is looking for his own apartment. He’s learning to accept his condition and move forward with his life. So is his family.

They are not unusual. And, they are not alone.

The Josselyn Center travels the road of recovery with more than 1,000 families each year. Walk with us.

---

IN NORTH AND NORTHWEST SUBURBAN CHICAGO at least

60,000

low-income individuals live in the shadows with mental illness.

At Josselyn, we see their need firsthand.

Did you know?

- 1 in 5 adults experiences a mental illness each year.
- 1 in 6 North Shore residents is eligible for Medicaid.
- The average delay between onset of symptoms and treatment is 8-10 years.
- One-half of all mental illness begins by age 14.

FACTS ABOUT JOSELYN 2017

11,203

hours of clinical care

1,125

clients served

67

towns served

80%

of clients live within 200% of the federal poverty level

88%

of clients qualify for reduced fees

#1 Disability Cause

Mental health conditions are the leading cause of disability in the U.S., followed by cardiovascular diseases and cancer.

Our Story

375

square mile service area

300

square mile service area

The Josselyn Center

401 Central Avenue

Northfield, IL 60093

630.445.5555

www.josselyn.org

90% of deaths by suicide have an underlying mental illness.

Josselyn's goal is to be there before the point of crisis. Treatment is effective and compassionately, as well as cost effective.

Annual Cost of Care for an Individual with Mental Illness in Three Settings

$135,000

$50,000

$1,200

Preventive/Cost of Treatment

Inpatient/Inpatient Long-Term

Outpatient/Short-Term

The Josselyn Center

We serve the full scope of clients, from those facing overwhelming situational challenges to those living with chronic conditions such as anxiety, major depression, bipolar disorder or schizophrenia. Consistent treatment means clients may be employed, stay in school, and avoid hospitalisation or encounters with the law.

COMPREHENSIVE SERVICES

- Therapy
- Psychiatric
- Groups
- Carp Neeks
- Art Therapy
- Case Management
- Community Education
- Crisis Intervention

WHY SUPPORT THE PATH TO

THE JOSSELYN CENTER

Our Impact

2017 HIGHLIGHTS

MISSION

- To provide mental health services that make lives better for our clients, their families and the community.

PROGRAMS

- Reopened The Living Room, a therapeutic alternative to the ER for people experiencing a psychiatric emergency
- Relaunched The Drop-In Center where clients can practice life skills
- Built an art therapy room
- Re-engaged Community Support, connecting clients with local resources
- Launched tele-therapy to bridge the shortage of psychiatrists
- Enlisted psychiatrists to volunteer their services as Josselyn Champions

PEOPLE

- Eliminated waitlist by increasing staff
- Recruited 9 (out of 17) new board members
- Hired 4 bilingual staff members
- Added an RN and Medical Services Coordinator for better care

PERFORMANCE

- Reopened Intakes, significantly decreasing time to first appointment
- Provided quality care as shown by 95% of clients visiting ER, vs national average 12%
- Increased new clients by 30% in last quarter
- Reversal multiple years of net operating losses while holding expenses flat

---

TREATMENT WORKS

Research shows:

- Even for those at highest risk of suicide, prevention and treatment saves lives.
- 70% of people with schizophrenia improve with the long-term.
- 60% of those treated for depression improve within a month or so.

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Meet Carl and his family.

Carl was an outstanding college student on his way to a master's degree in biology. It was a complete shock when schizophrenia hit. He dropped out and came home, rarely leaving his room. After a spell, he returned home, and his parents turned to Josselyn.

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