



Excellence in Community Mental Health Care

## Who we are....

For over 50 years, The Josselyn Center has been providing for the mental health needs of families and individuals who live, work or attend school in the communities of Bannockburn, Deerfield, Glencoe, Glenview, Golf, Highland Park, Highwood, Kenilworth, Lake Forest, Lincolnshire, Northbrook, Northfield, Riverwoods, Wilmette and Winnetka. Our compassionate clinical staff is comprised of psychiatrists, psychologists, social workers and certified addictions counselors. The diversity of our staff allows us to provide comprehensive services and a wide range of programs.

## Our Mission...

*"The Josselyn Center will provide the highest quality interdisciplinary mental health, substance abuse and related services for children, adolescents, adults and families without regard to their ability to pay as well as for organizations, corporations and the community at large."*

## How our mission comes to life...

The Josselyn Center's range of services include the following:

- Interdisciplinary screening, assessment and treatment for children, adolescents, adults and families, including individual and group therapy and medication.
- Child and Adolescent Outpatient Program Services which provide counseling, outreach and in-home services and specialized care for those who display severe psychological disorders ranging from suicidal tendencies to extreme anxiety or bipolar disorders and who are at high risk in the community.
- Infant and preschool early childhood intervention and consultation.
- Sustaining Care and Management Program Services which provide case management and psychiatric services for chronically mentally ill adults and support groups for their parents.
- The Jean Paul Ohadi Resource Center which houses the latest information available on bipolar disorders, The Bipolar Education Support and Training Team which provides consultative services to schools, and the annual Jean Paul Ohadi Conference on Children and Adolescents with Bipolar Disorders.
- Support groups for women who suffer from acute and chronic forms of mental illness.
- Social Skills Groups to help children develop more successful ways to interact with other children. Techniques and strategies for positive relationship building are shared and practiced.
- The MISA Program provides services for adults who have co-occurring mental illness and substance abuse problems. Services include group, case management and therapy.
- Community Education offered through workshops for early childhood educators, the annual Fall Seminar as well as presentations on a variety of mental wellness topics for the community.
- A Speakers Bureau provides programs for the community at large.