

The Josselyn Center  
*presents*

11 TH ANNUAL  
**JEAN PAUL OHADI CONFERENCE**  
ON CHILDREN AND ADOLESCENTS  
WITH BIPOLAR DISORDERS



FRIDAY, OCTOBER 28, 2011  
TEMPLE JEREMIAH, NORTHFIELD, IL

TARGET AUDIENCE: MENTAL HEALTH PROFESSIONALS,  
EDUCATORS, PARENTS AND FAMILIES, AND TEENS AND YOUNG  
ADULTS LIVING WITH BIPOLAR DISORDERS (14 AND UP).

FOR FURTHER INFORMATION, CONTACT MARIANN SMITH,  
CLINICAL/COMMUNITY EDUCATION COORDINATOR,  
THE JOSSELYN CENTER. (847) 441-5600 X 134 OR  
MSMITH@JOSSELYN.ORG



THE JOSSELYN CENTER IS A UNITED WAY AGENCY AND IS ACCREDITED  
BY CARF FOR OUTPATIENT MENTAL HEALTH SERVICES FOR ADULTS,  
CHILDREN AND ADOLESCENTS

Please share this brochure with  
colleagues or associates who might also  
be interested in this event.



405 Central Avenue, Northfield, Illinois 60093

**DIRECTIONS TO TEMPLE JEREMIAH,  
937 HAPP RD. NORTHFIELD, IL 60093:**

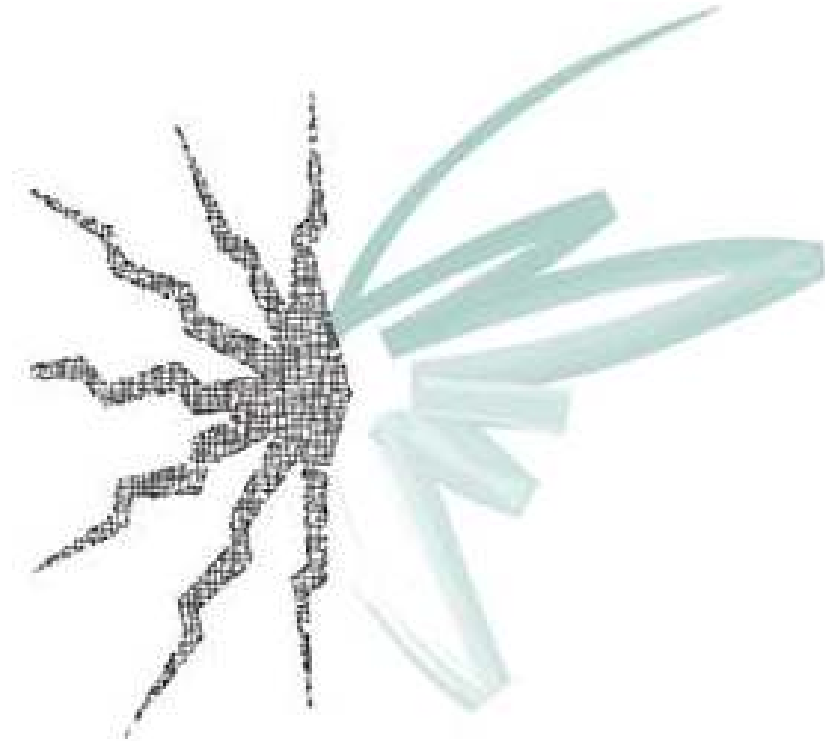
From 294—Exit Willow Rd. Proceed East on  
Willow Road toward Northfield. Turn left  
on Old Willow Rd. Turn right on Happ Rd.

From Edens Expy South—Exit Tower Rd and  
turn left on Frontage at the end of the exit  
ramp. Proceed south on Frontage Rd to  
Willow Rd. Turn right on Willow Rd. Turn  
right on Old Willow Rd. Turn right on Happ  
Rd.

From Edens Expy North—Exit Willow Rd.  
West. Proceed west on Willow to Old  
Willow Rd. Turn right on Old Willow.  
Turn right on Happ Rd.

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11 TH ANNUAL  
**JEAN PAUL OHADI CONFERENCE**  
ON CHILDREN AND ADOLESCENTS  
WITH BIPOLAR DISORDERS



FRIDAY, OCTOBER 28, 2011  
8:00 A.M.—3:00 P.M.

TEMPLE JEREMIAH  
937 HAPP ROAD, NORTHFIELD, IL



# Program

FRIDAY, OCTOBER 28, 2011

**8:00 - 8:45am** Registration and Continental Breakfast

**8:45—9:00am** WELCOME  
**GARY D. SMITH, MHA,**  
President  
**SUZAN ECKSTEIN, LCSW,**  
Program Director of Clinical Services,  
The Josselyn Center

**9:00—10:15am** **KEYNOTE ADDRESS**  
Clinical Picture of Controversies of  
Children and Adolescents with Bipolar  
Disorder  
**BORIS BIRMAHER, MD**

**10:15—10:30am** Break  
Book Sales, Exhibits

**10:30—11:15am** Clinical Picture of Controversies of  
Children and Adolescents with Bipolar  
Disorder (continued)

**11:15—11:30am** Questions and Answer period-  
**BORIS BIRMAHER, MD**

**11:30—12:15pm** Lunch provided  
Book Sales, Exhibits

**12:15—1:15pm** **AFTERNOON WORKSHOPS**  
Workshop 1-Treatment of Children &  
Adolescents with Bipolar Disorder  
**BORIS BIRMAHER, MD**

Workshop 2-Cormoridity of Bipolar Disorder  
and Addictions in Adolescents  
**EARLE RUHNKE, PsyD**

Workshop 3-Family Challenges in Raising a  
Bipolar Child: "Maintaining Calm within Chaos"  
**MARGOT ANDERSON, MSW**

**1:15—1:30pm** Break  
Exhibits

**1:30—2:30pm** Workshops 1-3 repeated

**2:30—3:00pm** Closing remarks and distribution of CEU  
certificates



# Faculty

**BORIS BIRMAHER, MD**  
Endowed Chair in Early Onset Bipolar Disease, Professor of Psychiatry, University of  
Pittsburgh School of Medicine, Western Psychiatric Institute and Clinic, Pittsburgh, PA

**EARLE RUHNKE, PsyD**  
Licensed Clinical Psychologist and Certified Alcohol and Drug Counselor, Associate  
Professor at The Chicago School of Professional Psychology

**MARGOT ANDERSON, MSW**  
Program Director at Safe Haven School, a Therapeutic Day School in Northfield, IL,  
Educational consultant and advocate for families with children who have  
special education needs

# Learning Objectives

- Awareness of the typical symptoms of Bipolar Disorder in children and controversies associated with this disorder
- Awareness of the treatment of Bipolar Disorder in children
- Inform attendee about prevalence, evaluation and treatment options for adolescents suffering from comorbid bipolar disorder and addictions
- Increase the understanding of the challenges facing families and identify strategies to assist families

# Sponsors

**The 11th Jean Paul Ohadi Conference on Children and Adolescents with Bipolar Disorders is brought to you by:**

**The Jean Paul Ohadi Foundation** was established in 1998 to honor Jean Paul Ohadi, who, after years of difficulty, was finally diagnosed with Bipolar Disorder. Sadly, Jean Paul died at the age of 19. One of the missions of the Foundation is to assist efforts and create new opportunities to help in the diagnosis and treatment of young people with bipolar disorders. The Josselyn Center is proud to be one of the Jean Paul Ohadi Foundation's grant recipients for educational programming for professionals and families.

**The Josselyn Center** was founded in 1951 to serve the North Shore community's mental health needs. Since that time, we have continued in our commitment to providing outpatient mental health services of the highest quality. As the field of mental health develops and evolves, we are dedicated to maintaining our reputation as leaders in community mental health. The Josselyn Center's team approach provides a full range of services, which include: Mental health evaluations, Individual, couple and family therapy, Child and adolescent therapy, Therapeutic and support groups for children and adults, Psychological, psycho-educational and vocational testing for children and adults, Psychiatric services that include medication monitoring, Case management services, The CLR Drop-In Center, a social skills and activity program for adults, Camp Neeka, a therapeutic summer day program for children ages 8-12, and Foundations for Wellness, a mental health awareness program that partners with schools to offer short-term classes for schoolchildren.



# Registration



Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

In what capacity are you attending (select all that apply)?

- Parent or family member                       Educator
- Mental Health professional                       Teen or Young Adult
- Other \_\_\_\_\_

Affiliation (s) \_\_\_\_\_

If requesting CE's, please provide license number:  
\_\_\_\_\_

**REGISTRATION FEE:**  
October 28, 2011 - Due to the economy, the cost will only be \$50.00

**Please make checks payable to The Josselyn Center**  
Please charge my credit card:  Visa  MasterCard  AmEx  Discover

Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

Security Code \_\_\_\_\_

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

**5 CE's for Social Workers & LCPC's & 5 CPDU's for educators are available**

**Please mail or fax registration and payment to:**  
**The Josselyn Center, 405 Central Avenue, Northfield, IL 60093**  
**Fax: (847) 441-7968**

Temple Jeremiah is fully accessible to individuals with disabilities. For special accommodations, contact Mariann Smith. The Josselyn Center (847) 441-5600 x 134, msmith@josselyn.org